

# *European Delirium Association*

**Inaugural Meeting  
Date: 6 and 7 October 2006  
Alkmaar, The Netherlands**

## **European Delirium Association**

Recently researchers in the field of delirium met in North Carolina (Duke University) to discuss present developments and future research.

It was very stimulating to meet so many interested in the subject as well as brainstorming about future research priorities. It was the consensus that more work is urgently needed, especially in the areas of pathophysiology, phenomenology, and aetiology, and that the time is right to form an international delirium working group/association.

We plan to start with a European group to meet and share research ideas and interests. The proposed title of the group is the European Delirium Association. All health professionals and scientists involved in delirium research and practice are welcome.

As well as holding this meeting, we are in the process of setting up a website ([www.europeandeliriumassociation.com](http://www.europeandeliriumassociation.com)) which will have a discussion forum.

Regards,

Kees J. Kalisvaart MD PhD, Geriatrician, Alkmaar, The Netherlands  
Alasdair MJ MacLulich MRCP PhD, Geriatrician, University of Edinburgh, Scotland  
David Meagher MD MRCPsych, Psychiatrist, Limerick, Ireland

## Programme

### Friday 6 October

<b>Registration and sandwich lunch</b>	<b>12:00 – 14:00</b>
<b>Welcome</b>	<b>14:00 – 14:15</b>
<b>Phenomenology &amp; Pathophysiology</b>	<b>14:15 – 16:15</b>
David Meagher (Ireland): Phenomenology Piet Eikelenboom (NL): Immunological processes in delirium Eveline Lemstra (NL): Delirium: findings at post-mortem Alasdair MacLulich (UK): The glucocorticoid excess hypothesis of delirium TBC - Christine Thomas (D): Delirium: EEG diagnostics and therapeutic interventions	
<b>Coffee</b>	<b>16:15 – 16:30</b>
<b>Prevention</b>	<b>16:30 – 18:30</b>
TBC - Koen Milisen (B): Prevention of delirium, research in Belgium Brigitta Olofsson (S): Delirium intervention and prevention studies in Sweden Kees Kalisvaart (NL): Pharmacological prevention	
<b>Dinner 19:30</b>	

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### Saturday 7 October

<b>Assessment and Treatment</b>	<b>08:00 – 09:45</b>
Jouko Laurilo (FIN): Assessment Jos de Jonghe (NL): Early symptoms of delirium (Speaker TBC) Delirium in children: State of the art. J. Schieveld (NL): Child psychiatric aspects P.Leroy (NL): Pediatric intensive care aspect J.Hendriksen/F.Dings (NL): Child neuro-psychological aspects	
<b>Coffee</b>	<b>09:45 – 10:15</b>
<b>Improving services</b>	<b>10:15 – 11:30</b>
Nadine Schofield (UK): The 'Let's Respect' Project John Holmes (UK): Improving hospital services in the UK Barbara Kamholz (USA) : The American way	
<b>Open discussion future research and practice</b>	<b>11:30 – 13:00</b>
<b>Lunch</b>	<b>13:00 – 14:00</b>
<b>Founding of the European Delirium Association</b>	<b>14:00 – 15:00</b>
<b>Closing: Drinks</b>	<b>15:00 –</b>

There will also be poster presentations throughout the meeting. Anyone attending the meeting is welcome to bring a poster.

## Hotel

If you would prefer us to book a hotel room for you please let us know. We can offer a discounted rate of €95 per night including breakfast.

Yes..... No .....

Nights:

October 5

October 6

October 7

The hotel is near the railway station and the centre of Alkmaar, and 20 km from the airport.

**BW Amrâth Hotel Alkmaar** ★★★★★  
Geestersingel 15  
1815 GA Alkmaar, Nederland  
Tel: 072 - 518 61 86 Fax: 072 - 518 61 00  
E-mail: [alkmaar@bestwestern.nl](mailto:alkmaar@bestwestern.nl)  
Website: [www.bestwestern.nl/alkmaar](http://www.bestwestern.nl/alkmaar)

## Registration form

To register, please fill in the form and send it by e-mail to: [k.kalisvaart@mca.nl](mailto:k.kalisvaart@mca.nl)

The registration fee of €100 should be sent by bank transfer (see below).

**Family name:**

**Surname:**

**Title:**

**Discipline:**

**Address:**

**Postcode:**

**Country:**

**E-mail:**

**Please send payment by bank transfer to:**

Stichting Eminance Grise  
Account number:7790415  
IBAN:NL04 PSTB 0007790415  
BIC: PSTBNL 21

**Alternatively, a cash payment facility will be available on the day, but please still send registration form by email in advance of the meeting.**